

Community mental health tobacco treatment training

Training guide: Module 15

Follow-up sessions: staying on track and preventing relapse, dealing with setbacks

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Importance:

- It is important for Advisors to be aware of how to structure a quit date or reduction date session and how to tailor treatment to patients with SMI.
- It is important for advisors are aware of potential high-risk situations that patients with SMI may encounter and how to support patients with addressing these.
- It is important that Advisors feel confident in addressing issues that may arise during treatment and best practices for addressing these.

Purpose:

- To review the skills associated with follow-up sessions.
- To review skills associated with supporting the patient to manage setbacks.

Process:

- PowerPoint presentation
- Group discussion
- Film clips

Resources:

- Film clips [embedded in slides]
- Participant Handout: Activity and interest ideas

Presenter's notes

Presenter's notes are found in the notes view of the PowerPoint slides. The presenter's notes provide a suggested method for presenting training content and identify.